

# Silliman Institute - Break Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Biscuit	Chicken Biscuit	Sausage Biscuit	Chicken Biscuit	Sausage Biscuit
Breakfast Cripito	Pizza Sticks	Soft Pretzels	Sausage, Egg and cheese tornado	Pizza Sticks
Breakfast Pizza	Breakfast Bagel	Ham & Cheese English Muffin	Loaded hashbrowns 6502985	Bacon, Egg and Cheese Toaster.
French Toast Sticks	pancake on a stick 3289602	Cinnamon Rolls	chocolate chocolate chip muffin	mgr choice

~~~ Daily ~~~

Yogurt parfaits - strawberry yogurt, fresh berries, granola  
 Fresh Whole fruit - Apples, Bananas, oranges, Peaches, Plums etc.  
 Fresh fruit cups - Cantelope, Honey dew, red grapes, strawberries, blueberries, raspberries  
 Cereal, granola bars, nutria grain bars, chips snacks, beverages etc.